



SEPTEMBER 2020

Things happening around

The Wood from Nathan and Trina

Thank you so much for your support to keep everyone safe during Level 2 at The Wood. We acknowledge the difficulty and challenge in working around living in lockdown. We are still currently having visitors by appointment only using the website bookme.arvida.co.nz. These are 30-minute visits in the resident's rooms, ensuring a mask is worn while in the building. Hand sanitizer is available for use before you enter the care centre. Our sign in system is most important, as this is how we know who is in the building if an emergency was to occur and for tracing purposes. You can do this by using our **Arvida QR code** or signing our paper form, which includes a **health declaration**. Please read this before signing in. We are also required to display the **Government COVID QR code** for tracing purposes, so if you would like to use this,

please ensure you sign in using both systems. If you have any questions, please ask our friendly reception team. We will keep you updated by email when anything changes. We need to remain vigilant around illness including, colds, flus, and tummy bugs. If you are a little unwell, please do not visit 48 hours post last symptoms.

Our new Podiatrist, Patricia is doing a great job and the residents are happy to have their feet being attended to again. She is available twice a month so please see the activities calendar and book in.

Other things happening around the Wood

- We are currently recruiting for a wellness leader and educator.
- The Wood has become a member of the Alzheimer's Society.
- A book was donated by a new resident's husband, Jack – thank you.

The Wood Retirement

NEWS



The Wood Garden

Main Garden



www.thewood.co.nz



The Wood
ARVIDA RETIREMENT & CARE

156 Milton Street,
Nelson 7010
Phone 03 545 6059

The Wood Garden Residents' Gardens



Anne B



Val A



Iris M



Joan B



Claire G

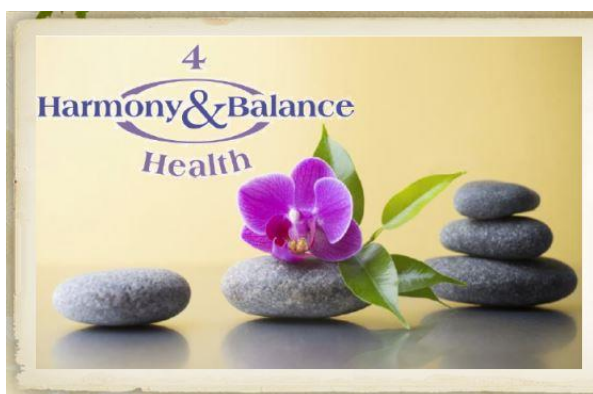
Welcome:

Welcome to our new residents Mary H, John G, Nola M, Ethel C, Ann C and Lois D.

Community Well Being Meeting

Monday 28th September at 2.30pm
in the Activities Room – all residents,

family and friends welcome!



Every Thursday 10am – 2pm \$20 for 20 minutes. See Karen or Bee or Call Yvonne 027 316 6626

Its in the bag! Tropical Style



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Daffodil Day Happy Hour



The Wood raised \$355.10 for the Cancer Society through selling Daffodil Day merchandise. Thank you so much for your donations to a great cause!

Other happenings last month...



Movement to music with Rosey



We had a beautiful lamb come and visit our residents.



We held a memorial service to remember the residents we have lost recently.

Come and join us for :

Wild Wood Games

6.30pm every Thursday in the Activities Room.



The Month Ahead...

- Tuesday 8th at 3pm Bible Study
- Friday 11th & 25th at 1.30pm Art with Jan in Activities Room
- Monday 14th & 28th K9 companion visiting
- Wednesday 16th to Nelson Public Library
- Thursday 17th & Friday 18th
Mandala Art with Victoria
- Fridays 11.15am
Movement to music with Rosey
- Friday 18th at 9am Trip to Kmart
- Monday 21st Guest Speaker Vicky on Sailing the World
- Thursday 24th at 1.30pm Heather Lackner from Alzheimer's Society Nelson speaking on supporting others with dementia.



- Wednesday 30th at 3pm Latin Dancing demonstration

Rates Rebates

The Nelson City Council will be holding 10-minute appointments on the 16th of September for those who have received their rate rebate application form.

Please make an appointment time with reception before this date.

If you are wanting to go on any of the outings, please put your name down at reception.

If you have any feedback, any stories you would like to share or if you know anyone that would like to be added to the newsletter email list please email admin@thewood.co.nz