



NOVEMBER 2020

Things happening around

The Wood from Nathan and Trina

Welcome to another month of beautiful growth in The Wood gardens. There are plenty of shaded and sunny areas to spend time outside with your loved ones as the weather warms up.

Our Annual Resident Survey is now open for 2020. Staff will be supporting residents to complete these. We would love for you to start a conversation around what is great about The Wood and what needs improving.

Our new podiatrist, Patricia Horlemann, will be back at The Wood Friday 20th and Thursday 26th November. Please let the RN know if you need this service. Our relief hairdresser, Janice, is at The Wood Hair Salon on Fridays. Give your name to main reception if you would like to make a booking for a haircut.

Bee is looking for volunteers to train to ride our electric Trishaw bicycle for residents. Let Bee know if you have some spare time and are interested in learning to ride this amazing bike.

The Wood's roof cleaning and de moss and lichen spraying was undertaken at the end of September. It will be 6-12 months until its effect fully works.

We are also now on a 3 monthly window cleaning cycle with Candice and her team.

A massive thanks for your vigilance during this time of COVID-19 in relation to infection control and keeping us bug free. This and other health issues mean we need to remain vigilant and keep sickness out of The Wood.

Please stick to the Golden Rules to keep everyone safe:

- > If you are sick, stay home. Do not go to work or school. Do not socialise or visit The Wood.
- > If you have cold or flu symptoms call your doctor or Healthline and make sure you get tested.
- > Wash your hands. Wash your hands. Wash your hands.
- > Sneeze and cough into your elbow, and regularly disinfect shared surfaces.
- > If you are told by health authorities to self-isolate, you must do so immediately.
- > Keep track of where you have been and who you have seen to help contact tracing if needed. Use the NZ COVID Tracer app as a handy way of doing this.
- > Stay vigilant. This is a global pandemic.

A reminder to visitors to please have all visiting dogs on a lead. This is important as it can be a trip hazard for residents and helps keep the village safe.



We have reinstalled two gentle speed humps to slow traffic down and the driveway road marking has been



completed. Please keep your vehicle speed down to 10kmph. This is important for our residents and your loved ones. Keep safe in the driveways and look out for residents - thank you.

We are pleased to announce we have appointed a Wellness Leader and Induction Coordinator. This is a dual position combining Trish's Educator role and our new Wellness Leader role. Congratulations to Anju Bathla. We look forward to supporting you in these positions.

Bee's nomination for the NZACA Ebos Legendary Award was accepted and she is in the final 3!! The

winner will be announced at conference in November.

Thank you for your Market Day support, it was a massive success! The wine and crafts were great!! As were the arts and crafts, baking, knitting etc. The next Market Days will be held on Fridays 6th November and 4th December 1.30-3pm in the RH dining area. Anyone is welcome to hold a stall for \$5. Please let main reception know if you are interested.

Residents and staff are working together with Helping Families Nelson to support local tamariki to enjoy a Christmas gift that they may otherwise not receive. Gifted items must be new, not too big, please no religious, electronic, weapons, or food items. If anyone would like to take part, they can drop off an item or items to main reception by 10th November so they can be wrapped in the specially painted shoe boxes.

The Wood Christmas events coming up in December:
The Wood Social 6-8pm Friday 11th December with a catered light supper and Phil entertaining.
Pre-Christmas Lunch 12pm Tuesday 15th December.
Any families who may want to spend Christmas lunch or tea with their loved ones here at The Wood, there will be a small cost per person. Please let main reception know names and numbers to ensure staff are able to provide this.



We have 4 new red, lightweight, traveller wheelchairs for taking residents on local walks.

Thanks to all the staff that took time to complete the staff survey. Overall, we had really positive comments so thank you!

The Wood Retirement

NEWS



*The Wood
Garden*

www.thewood.co.nz



The Wood
ARVIDA RETIREMENT & CARE

156 Milton Street,
Nelson 7010
Phone 03 545 6059

The Wood Retirement

NEWS

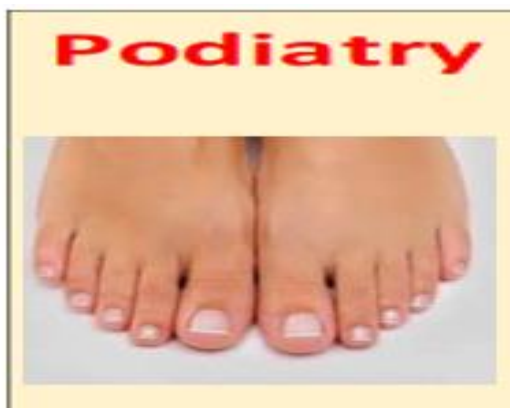


www.thewood.co.nz



Every Thursday 10am – 2pm \$20 for 20 minutes. See Karen or Bee or Call Yvonne 027 316 6626

Trishaw bike rides



Podiatrist Patricia Horlemann in the Hair Salon 9am-5pm \$45
Friday 20th November
Thursday 26th November
Please let the RN know if you need this service

Congratulations, Jude, on completing your trishaw bicycle training!

We are looking for Volunteer Drivers for the Trishaw electric bike. Please see Bee if you are interested.



Community Well Being Meeting

Tuesday 13th November at 2.30pm in the Activities Room – all residents, family, and friend's welcome!



Come and join us for:

Wild Wood Games

6.30pm every Thursday in the Activities Room.



Our oldest resident, Ann C, recently went on one of The Wood's regular Mystery Drives. A quote from Ann about her experience "An old lady sat next to me in the van". Ann also spent time with Stella, the pony, who visited on our Family Fun Day.



The Wood Retirement

NEWS



NMIT Advanced Lens-based Media students, including Rachel and Jason, visited to spend time with some residents with a focus on photography.



A huge thank you to Carolyn for preparing delicious food for Happy Hours 😊



Tara took this amazing photo of Carolyn

www.thewood.co.nz

The Wood Retirement

NEWS



Robert's woodworking creations...coffee cup stands, cabinet for a resident, footrests for resident exercise classes



The Delightful Duo entertains at Happy Hour



Joan's flourishing potato plants



Anne's peaches



www.thewood.co.nz

Fibre Art with Victoria



Claire wearing her Fibre Art

Joy sporting her rabbit fur 'fibre art' shawl





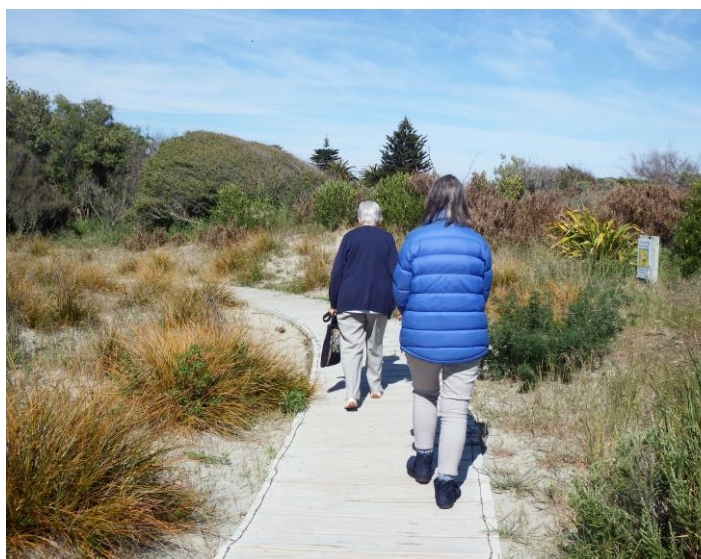
Ann checking out the new planter boxes outside CCW

Welcome to our new residents: Bruce L, Ron & Val G, Coreen B, John H
Welcome to our new staff: Charles

If you are wanting to go on any of the outings, please put your name down at reception.

If you have any feedback, any stories you would like to share or if you know anyone that would like to be added to the newsletter email list please email admin@thewood.co.nz

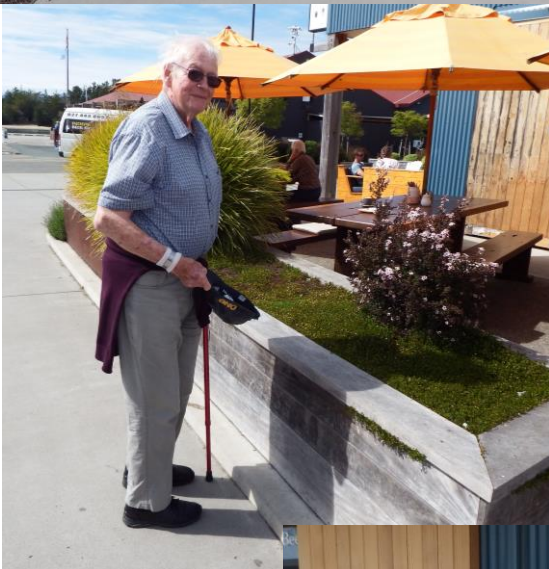
Tahunanui beach & Beach Cafe



www.thewood.co.nz

The Wood Retirement

NEWS



Trip to Mapua

www.thewood.co.nz



The Wood
ARVIDA RETIREMENT & CARE

156 Milton Street,
Nelson 7010
Phone 03 545 6059

The Wood Retirement

NEWS

Market Day

Friday 6th November

1.30pm – 3.00pm

Resthome Dining
Room

**Everyone
Welcome!**

Anyone welcome to have a stall for \$5.
Please see reception.



www.thewood.co.nz