

Kia Ora: Village Moments

MARCH 2021



*LIVING A LIFE WITH
SOUL*

*A HOLISTIC VIEW OF
PHYSICAL, MENTAL AND
SPIRITUAL HEALTH:
MIND, BODY, HEART
AND SOUL*



Village at the Park
Retirement

NEWS



**Message from our Village
Manager, Tania Grieve**

We hope you had a great Christmas period. Happy New Year everyone!

What a start to 2021 it has been for us all. Thank you again for your continued trust, co-operation and patience when we had to close our Care households with Round 3 of COVID-19 in February; however it was good to see how quickly everyone was able to return to normal.

We had some great events happening over the lead up to, and through Christmas, with some fabulous weather contributing to some good times out in the sun at the Village. Some of these moments have been captured in this newsletter – enjoy.

The new ice cream cart has proven to be a big success.

A lovely poem has been contributed by a Buchanan resident's whanau member.

If you ever want to contact me about anything, please feel free to do so.

In the interim, hopefully you are settling into 2021 and we continue to provide a happy home for our wonderful residents.

Take care everyone.

Tania Grieve
Village Manager

Village at the Park
Retirement

NEWS

Dreams

*Words by Charmian E. Hemming
(Buchanan Resident whanau)*

Who am I?

What am I doing?

Where am I?

How am I knowing?

Stories I enjoy-

True and make believe-

How to tell the difference.....

That's the secret I need.

Who are you?

What am I feeling?

How do I-

Know it is real?

Home is where the heart is-

Though aching to be free-

Free to find the secret of life,

And peace, the whole world through.



www.villageatthepark.co.nz



Village at the Park
ARVIDA RETIREMENT & CARE

130 Rintoul Street, Newtown,
Wellington 6021
Phone 04 380 1361

🌸 Mary Coleman Household 🌸

Valentine's Recipe: One cup of kindness, three cups of love, five teaspoons of happiness and two caring hearts.

We mixed them together and spread the love. We baked heart-shaped shortbread, discussed the history behind Valentine's Day and distributed Hug coupons.

Residents enjoy baking with the team.



A balanced diet is an Ice Cream in each hand.

We got an ice cream cart which our team take around to distribute ice cream. Residents enjoy ice cream with sunshine 😊





Cathedral of Saint Paul Christmas Choir



Independent Residents' Christmas Choir



Fun at the Halloween Celebration



Mary Coleman Team won the Christmas Decoration Competition

Manaaki Household

Season's Greetings and hello to 2021!

2020 was an extraordinary year for all of us. A New Year brought us lots of joy and laughter. Here are some highlights of how we spent time together 😊



Christmas party

Families came along, and residents had a great time.

Our Anglican minister Cliff offered Christmas Church Service. We truly appreciated his service and time.



Picnic in the garden

Here we are in summer.

It has been nice and sunny, so residents loved to walk and stay in the sensory garden. Nothing like having ice cream or lemonade in beautiful weather.



♥ Aroha Household ♥

Kia ora. Here is a snapshot of how we celebrated events in the previous months.

Residents enjoy baking, which brings beautiful aromas and stimulates the taste buds.



Residents loved opening their Christmas presents.



A beautiful Christmas celebration was enjoyed by everyone.



Canine Friends Pet Therapy

We enjoy the regular visits from Canine Friends. Residents love to cuddle, walk and play with them.



Combined Aroha and Manaaki Group Recreation

We do combined activities in which residents enjoy socialising among the Buchanan household. This creates more fun and enjoyment.



✿ Millard Household ✿

We enjoy each day with beautiful Welly weather. We got the Bunker Lounge transformed into a sensory space.

We enjoy relaxing with lavender essential oil and sensory lights.



Melbourne Cup day!
Hooray... Who's winning?



In the garden today. How lovely are the flowers?



How amazing to do some art and flower arrangements.



Enjoy aroma therapy in sensory room



Sleeping Beauty Pantomime

Our Village Sleeping Beauty Pantomime was a huge hit with our creative team members. The residents and team really enjoyed it.



VAP Team Christmas Choir

Our team went around all households and sang Christmas Carols on Christmas Eve.



t h a n k y o u