



APRIL 2021

We received great comments from our Surveillance Audit for our care and engagement, the lovely residents, and our beautiful gardens and facilities. The auditors gave Katrina and I their thanks for the generous time from residents, family, and staff who met with them. This was a mid-cycle unannounced visit. So thank you all. Overall a sensational result.

Our Annual Resident Survey results are in and we scored a very high 83% in the Net Promoter Score. Congratulations to everyone! A huge thank you to residents and families who took part in the survey. We appreciate your feedback and the faith put in us looking after you as residents and from the families who have chosen us with your loved ones.

Thank you for your vigilance and understanding with infection control and keeping us bug free. This, and other health issues, mean we need to remain vigilant and keep sickness out of The Wood. See the latest information on the following page. We need to just keep doing what we have been. Keep safe. We will let you know as any developments happen. If you or a household member has been in managed isolation, please give us another week to be safe before visiting. Contact Nathan and Katrina if you have any questions.

Just a reminder to please to keep all dogs on a leash at all times in the Village. Keep vehicle speed to 5-10km in all driveways. Watch

for pedestrians and wheelchairs in driveways. Only small vehicles are able to use the small driveway out to Grove Street. Our middle entrance on Milton Street into the staff carpark is a service entrance only. Please use our parking outside the main reception at 156 Milton Street and on Halifax East Street. Be aware of what's behind you when reversing and please refrain from doing a 3-point turn in the main driveway near the portico—there is room further down the main driveway to turn around. This is for the safety of our residents.

A big thank you to Karen and Anju for the smooth transition following Bee's departure. Thanks to all the care staff for assisting residents to activities!

The CCW kitchen remodel is now complete, providing a more useable kitchen.

COVID-19 vaccinations for staff and residents will be given 21st April, with the second dose on 13th May.

We have a new physiotherapist, Diana Osborn, starting at the end of April to replace Loraine who is retiring. All the best, Loraine, we have appreciated your many years of physiotherapy for residents.

Main Reception will be closed Easter Friday, Saturday, Sunday, and Monday. Wishing you all a safe and happy Easter. I hope you have a restful time with your loved ones.

Nathan Davis

Village Manager

www.thewood.co.nz



The Wood
ARVIDA RETIREMENT & CARE

156 Milton Street,
Nelson 7010
Phone 03 545 6059

COVID-19 UPDATE

Dear Residents and Families / Whānau,

Like you, we will be keeping a close watch on developments and will provide regular updates. In the meantime, we'd like to remind you to stick to the **Golden Rules** to keep everyone safe.

If you are sick, stay home. Do not socialise.

If you have cold or flu symptoms call your doctor or Healthline and make sure you get tested.

Wash your hands. Wash your hands. Wash your hands.

Sneeze and cough into your elbow, and regularly disinfect shared surfaces.

If you are told by health authorities to self-isolate, you must do so immediately.

If you are concerned about your wellbeing or have underlying health conditions, work with your GP to understand how best to stay healthy.

Keep track of where you have been and who you have seen to help contact tracing if needed. Use the NZ COVID Tracer app as a handy way of doing this and switch on blue tooth.

Stay vigilant. This is a global pandemic.

If you or a household member has been in managed isolation, please give us another week to be safe before visiting.

Thank you

Thank you once again for your support, understanding and cooperation. The success we have had at keeping our villages COVID-19-free is due to the cooperation and support we have had from our residents, their families, and our team.

Please remember to visit our blog page <https://blog.arvida.co.nz> and leave any suggestions via the chat button at the bottom right of the screen. The blog includes some great articles from Arvida villages around the country.

How to keep in touch with us

Your first point of contact is your village team, so if your query is urgent contact your village directly—Nathan.davis@thewood.co.nz

For less urgent inquiries please email us at info@arvida.co.nz.

Petty Cash/Comfort Fund for residents

Residents at The Wood can deposit cash to be kept securely on site. This cash can be used to pay for the village hairdresser, podiatrist, and shop trolley purchases. Cash can be deposited at Main Reception or by a bank deposit. See Main Reception for details.

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The Wood Retirement

NEWS

Getting to know your Staff...

How long have you worked at The Wood?

Camellia—5yrs

What is your favourite thing in the world to do?
Watching movies

What are your hobbies? *Sewing. I also hold a Sew It Clinic at The Wood*

If you won a million dollars what would you do with it?
Share some and spend some

What do you love about working at The Wood?
Helping people



How long have you worked at The Wood?

Bruce—1.5 years

What is your favourite thing in the world to do?
Spending time with my partner and kids

What are your hobbies? *Video games, reading*

If you won a million dollars what would you do with it?
Buy a house and have a holiday

What do you love about working at The Wood?
Staff and residents are really nice



How long have you worked at The Wood? *Floss—6 weeks*

What is your favourite thing in the world to do? *Camping with my kids*

What are your hobbies?

Playing pool and spending time with family and friends

If you won a million dollars what would you do with it?

Buy my two boys and I a home

What do you love about working at The Wood?

Sharing a smile and a laugh with the residents and the friendly staff

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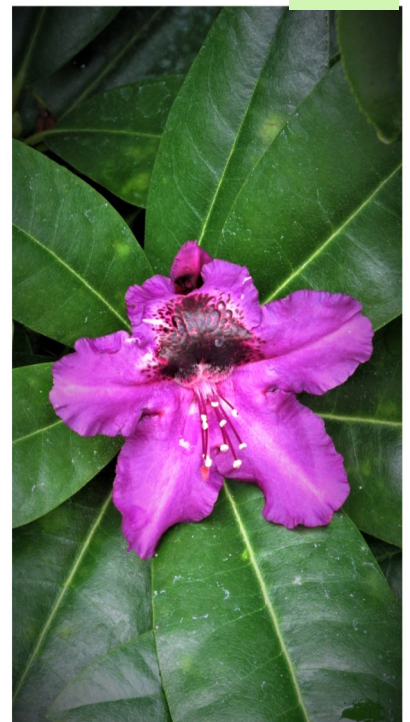
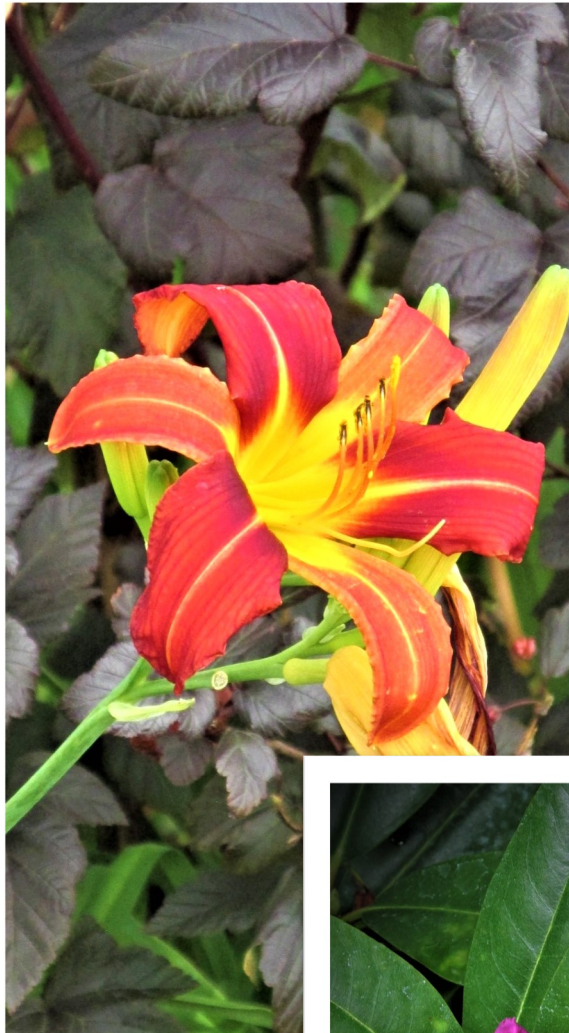
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The Wood Retirement

NEWS

The Wood Garden



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The Wood Garden

We love to hear about what interests you in the garden and what you think could be a great addition to the gardens.

A few weeks ago, Shayne suggested that aquatic plants might look great, in the fountains.

Now aquatic plants are not my talent, but we love a good challenge and after a bit of research, I'm now totally fascinated by what we could achieve in both of our fountain areas.

The first challenge was to work out whether we needed foreground, midground, background, submerged, marginal, floating or creeping plants. And then of course, working out which plants liked cold water and tolerated chlorine.

So now we have our first aquatic plant in the inner courtyard fountain (CCW area). It's *Hydrocotyle Leucopetala* or *Cardamine*. It's submerged at the moment, but not far away from popping up above the water surface. If it does well, we will then start introducing more aquatic plants into both fountain areas.

Thank you to Shayne for such a great idea!



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Out & About



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NEWS

Trina's granddaughter came to visit



Tea & Tech with Nelson College for Girls' students



Peter S painted this replica of the America's Cup Yacht Race in March from a piece of driftwood he has had for over 30 years, it came from Mokonui, West Coast. Peter once had a clay exporting business, and continues to be keen on clay, driftwood, and painting.



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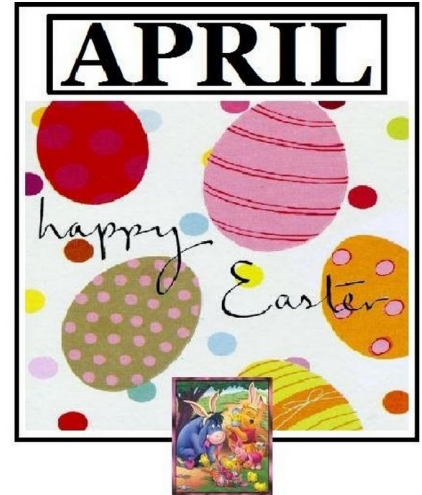


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Activity Dates in April...

- * Mondays 3.30pm **Mindful Meditation**
- * Mondays 6.30pm **Games Night upstairs**
- * Tuesdays 10am **Audio Book** with Averil
- * Wednesdays 11am **Exercises** with Sharon
- * Wednesdays 2.30pm **Mystery Drives**
- * Thursdays 10am-2pm **Massage** available
- * Thursday 8th April 2.30pm **Life Without a Car** seminar
- * Monday 19th April 9.30am **Staying Safe—a Refresher Course for Older Drivers**
- * Friday 16th April 3.30pm **Happy Hour with Julie on the harp**
- * Wednesday 14th April 9am **Trip to The Warehouse & Countdown**
- * Thursday 22nd April **Podiatrist** at The Wood
- * Thursday 22nd April 1.30pm **Line Dancing**



Welcome to our new staff: Sierra, Hannah, and Shanae

Welcome to our new residents: Colin, Karen, Maureen W, and Neil

Accommodation News

We have studios and an apartment available.

These downstairs studios have a lovely outlook to the garden. If you wish to come and have a look or would like to know more, please contact:

Sam Fraser
03 545 6059 or 021 489 524



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St Patrick's Day



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Wanted...

- ♦ Any residents, family/whānau, friends who would like to volunteer their time with residents
 - ♦ Good quality tools and in working order electrical tools for The Wood's new Everyone's Shed
- Please see Karen or Anju or email activities@thewood.co.nz

Kowhai Lounge...

Check out the writing desk and sewing machine for residents to use.



Bee's last day...you will be missed!



Lesley and Dennis enjoying some end of summer sun



Green Gables came for morning tea



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