

Nov/Dec 2020



Goodbye to 2020 - Hello 2021

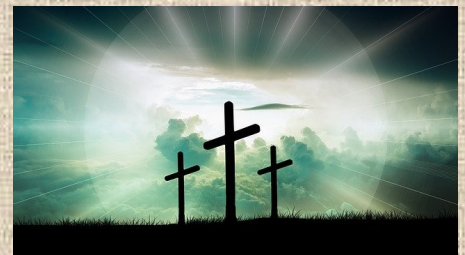
Well my goodness, as we near the end of 2020 haven't we got some stories to tell.

I want to thank all the residents and families for their support in one of the most challenging years of my career to date. It has all been a bit surreal.

We have had a lot of changes going forward including a few new faces working at Ashwood. Although it is very sad to see staff leave we build good relationships with them and wish them all well on their new journey. I am sure you will all agree, the staff at Ashwood do a great job.

So as we enter 2021, do everything with a good heart, expect nothing in return and you will never be disappointed.

Jenny



ABOUT ME

By : Maisie (Wellness Partner – Village at the Park)

Mirror, mirror on the wall
It doesn't matter if I'm short or tall,
If I have skinny legs, or my hips are wide,
It only matters, who I am inside.

If I have blue eyes, brown eyes or green,
What makes me beautiful, it can't be seen.
When you look at me, don't make fun of my parts,
Because the most beautiful thing about me, it's my heart.

www.ashwoodpark.co.nz



Ashwood Park
ARVIDA RETIREMENT & CARE

Activities



Our DT team is getting ready to bring fun things to Ashwood Park for Christmas:

Concerts, Market Day, Christmas Parties

for the Oaks, Rest Home, CCU, Studios & Apartments, Villas, families and friends. Our residents have been involved in a lot of the Christmas crafts and we are enjoying the Christmas mood already.

We are working towards further visits between our different units and providing more combined group activities offering wider friendship groups within Ashwood.

Akiko & the DT Team

DON'T
FORGET

Over Christmas/New Year please check our folding room for un-named laundry items that may be waiting to be claimed by residents or their family members. Any unclaimed items remaining in the folding room by 1 February will be donated to a local charity.

Please remember to also name any NEW clothing gifts.



Birthdays of the Month

Dec

Colin Lancaster
Dot Ruesink
Ada Edwards
Craig Stein
Margaret Booker
Wanaka McKenna
Richard Edwards
Rosemary Allen
Noeline Robinson
Ngarita Betsey

Jan

Jenny Nicholls
Trish Davis
Flo Andrews
Gwen Lamb
Alma Murdoch
Jim McDonald
Janette Gilbert
Rachel Dymock
Bryan Maxted
Noel Simmonds
Shona Toomer
David King
Joan Holdaway
Rosemary Weaver



"It is the personal thoughtfulness, the warm human awareness, the reaching out of the self to one's fellow man that makes giving worthy of the Christmas spirit."



In Loving Memory Of...

WELCOME

Ann McPartlin	Nole Ahern
Jean Scott	Sid Kinsman
George Smith	Arnold Van Asch
Dan & Maureen Kilkelly	Richard Edwards
Tonia March	Brenda Twidle
Noeline Reeves	Don Gebbie
Julie Adam	Jean Golding

Vern Neal	Myra McHugh
Jean Scott	Syd Kinsman
Nole Linton-Ahern	Noelene Morris-
Patty Johnstone	Denby
Lois McMaster	Arnold Van Asch
Brenda Twidle	Neville Emms
Owen Shipley	David Collins



Meet a Resident Introducing: Paul McIntyre

I originate from Brightwater, 12 miles out of Nelson city (birth place of Lord Rutherford). In 1972 I moved to Seddon where I owned McIntyre Motors. I sold this business in 1980, transferred to Greymouth and purchased Greymouth Transport. In 1987 I met my wife and we moved back to Brightwater where I started the Waimea Contract Carriers Logging division with my brother (who is now no longer with us). I then sold the log truck and moved to the Muller and Molesworth Station in the Awatere Valley in 1999. In 2004 I brought a tractor and stone crusher from Italy and started 'Stone Busters Marlborough Ltd' for 14 years before health changes initiated my move to Ashwood Park.



Quiz Time:

1. Who was the star of the movie titled *White Christmas*?
2. What is the first name of Scrooge, the principal character of the novel, *A Christmas Carol*?

MESSAGE FROM CCU

Hello Residents and Families

All of the staff in CCU wish you a wonderful Festive Season, however you choose to celebrate it, especially after what has been a year like no other.

2021 is just around the corner and CCU has plans to move further into the household model of care. We plan to organise times for residents and relatives to meet with staff and discuss options to make life in the four households more enriched. We may not be able to implement any changes immediately but we will attempt to provide the best option for all concerned. Working together and changing from what was more like institutionalised care is exciting and we are already proceeding down this track, and we welcome everyone to join us to keep the momentum going.

Talk to you loved ones, make lists and let staff know what you would like to see happen and let's make this an exciting transition. Discuss what you miss the most about not living at home as others are also probably missing the same things.



Anyway with no set plans for 2021 the possibilities are endless – mmmmm – look out it might be dangerous but it will be exciting.

Back to now - we hope you all have a wonderful time over the next few weeks and hope that this season is an enjoyable one you to remember.

Lastly thank you for all your support to the staff over the past year – the challenges have been real but the support and love has been appreciated.

Hello from the Oaks

The Oaks residents have been busy decorating their home to prepare for the upcoming Christmas party on Monday the 21st of December. We are all very excited to welcome 2 new residents to the Oaks family. Our residents have decided that two chickens/chooks will make our happy home a little more fun. Feel free to pop in and meet them....(bokak! Bokak!)

Hannah & the Oaks Team



"The way you see people
is the way you treat them,
and the way you treat them
is what they become."
- Johann Wolfgang von Goethe

MESSAGE FROM THE REST HOME

It has been great to see residents participate in the household meetings and I have been lucky enough to attend some of these. Great discussions had and planning going forward to 2021.

With summer upon us everyone is enjoying their daily walks in the beautiful gardens and at night-time you will see the Christmas light display set up in the garden outside the Resthome lounge.



With only a couple of weeks left before Christmas let us cherish family and friends this holiday season. Wishing you all a season filled with warm moments and cherished memories.

Emma

QUIZ ANSWER

1. Bing Crosby
2. Ebenezer

ACTIVITIES AT ASHWOOD



