

# Kia Ora: Village Moments

DECEMBER 2021



**LIVING A LIFE WITH  
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**A HOLISTIC VIEW OF  
PHYSICAL, MENTAL AND  
SPIRITUAL HEALTH:  
MIND, BODY, HEART  
AND SOUL**



## Village at the Park Retirement

# NEWS

## Welcome to the latest news from Village at the Park



### Message from our Village Manager, Moira Naughton

Hello to you all and a very Merry Xmas. What a busy 2021 we have all had, I don't think we have ever really moved out of Alert Level 2 or if we did it must have been very briefly, we blinked and then it was gone. We now find ourselves in Traffic Light Orange.

Although we have now moved from Alert Levels to the new Traffic Light System, I think the one thing that we can all agree that has not changed is our new fashion accessory of a face mask.

In amongst all the changes centred around Covid, the Team have continued to remain upbeat and provide fun and laughter for the residents. We have enjoyed cooking classes, dance classes, Zumba and the ever-popular karaoke.

We have welcomed new residents and family and sadly said farewell to others.

We have welcomed new staff, shared birthday celebrations, had the birth of budgies in Buchanan not to mention the number of staff babies that have been born or yet to be born and we even had a wedding. We can't wait to see what next year will bring.

The Team continue to be busy and many of us will still be here over the Xmas and New Year period but will have the Stat days off. To those of you who may be travelling for the holidays to be with family and friends, safe travels, have a wonderful Xmas and we look forward to seeing you all in the New Year.

**Moira Naughton**

Village Manager

[www.villageatthepark.co.nz](http://www.villageatthepark.co.nz)



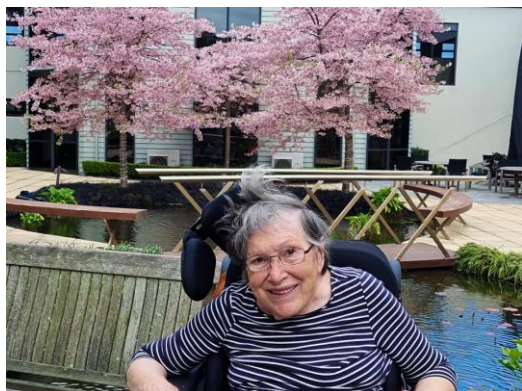
**Village at the Park**  
ARVIDA RETIREMENT & CARE

130 Rintoul Street, Newtown,  
Wellington 6021  
Phone 04 380 1361



## 🌸 Mary Coleman Household 🌸

**Cherry Blossoms:** *Light as feathers, as fleeting as soft gentle breeze, one moment they breathed pink, the next they faded.*



### Seniors' Week

We celebrated International Day of Older Persons and Seniors' Week in our Village. Residents actively participated in the Rubbish Project for the Seniors' Week by recycling plastic bottles, organised by Judith, one of the apartment residents.







Arthur, Rosaleen's grandson and her family kindly took the Ice Cream cart around and gave residents and team this joy of having Ice Cream with different flavours and sprinklers.



We celebrated Father's Day with cake cutting, special drinks and reminiscing our own fathers with our team and residents.



We learnt Te Reo Maori with some Zoom classes, did flax weaving, listened to Waiata, did Poi dance and participated in the Maori Language Moment.

## Buchanan Household

### Our Onesie Day!

We raised funds for the Wellington Free Ambulance by having great fun in colourful onesies.



**Father's Day:** *Blessed indeed is the man who hears many gentle voices call him father.*



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### ***Celebrations....***

We celebrated Errol and Silva's wedding anniversary with much love in Manaaki Lounge. A beautiful couple with an amazing love story ❤️

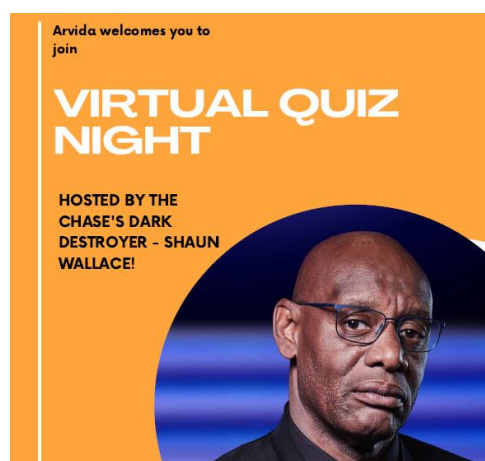
They met for the first time on a Saturday night in a party in March 1966. Errol gave her a lift to home after the party and they met again next week 😊



### ***THE CHASE WITH SHAUN WALLACE***

We had Quiz with The Chase's 'The Black Destroyer' Shaun Wallace on Zoom with the residents which was a great hit!

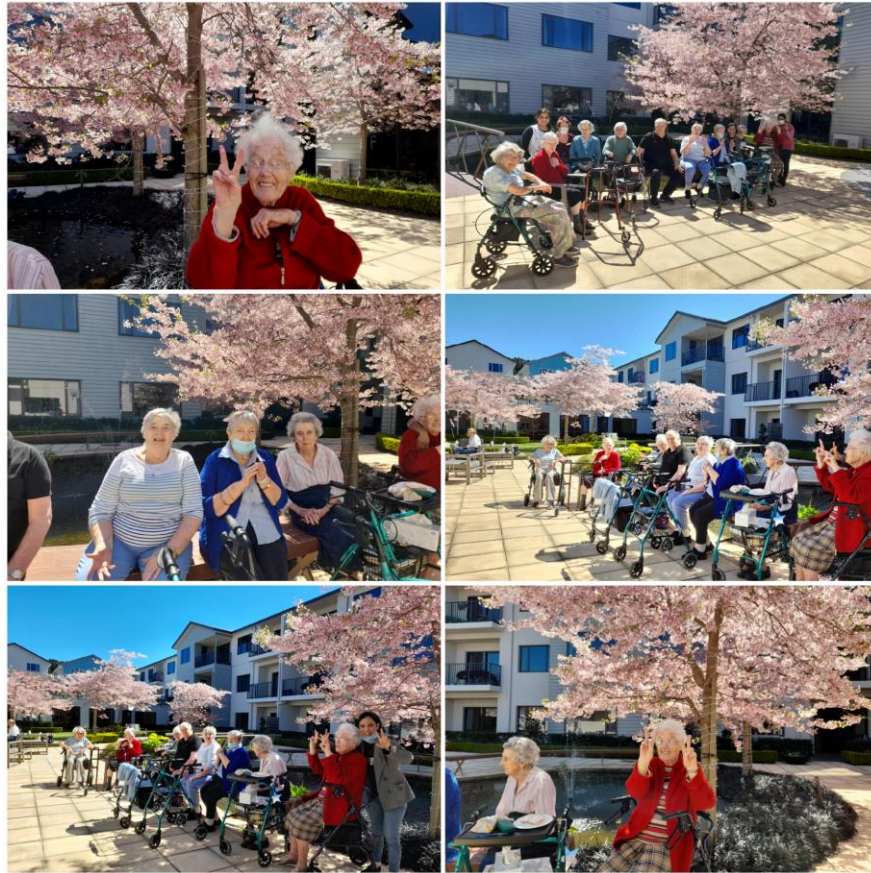
Our residents enjoyed the whole Quiz and seeing Shaun Wallace was like a dream come true ❤️





## ✿ Millard Household ✿

Cherry Blossoms at VAP were much enjoyed by the residents, enjoyed the garden time and sunny days 😊



Residents enjoyed Graduation Ceremony on Labour Day. Certificates of achievement were presented to them on this very special occasion.





## *Date Night for couples*

We organised Date Nights for all the couples in the Village. They were very romantic evenings, and our team did amazing work in getting this together.



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