Ashwood Park Retirement

NEWS



May/June 2022

We have had a difficult few months with the arrival of COVID.! Thank you all for your patience during this trying time.

I would like to reassure you all that we are following all of the guidelines and protocols set out by the Ministry of Health and our Arvida Group. So to help us, please continue to always wear your masks when you are out and about, be kind to each other and to our valued staff members, and we will get through this together.

If you have any questions please do not hesitate to ask our Clinical Managers or myself

Busy baking in The Oaks





GAYE TAKES A TURN ON THE CAT WALK

Our staff have been modelling our latest PPE fashion designs over the past few weeks.....here we have the lovely Gaye, sporting a lovely baby blue ensemble with a hint of electric blue trimmings. Topped off with yellow and white hair and face accessories, we are sure this collection will be in popular demand in the lead up to our winter season.

CAPTION COMPETITION

"Thank God we brought our sun shades "

The winning caption was supplied by:

June Bowen



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Gaye is sporting a summer yellow number this time with hints of electric blue. Topped off with hints of white to complete this fresh look, Gaye is all ready to help keep our residents safe here at Ashwood.

Looking good Gaye!!



QUIZ: Famous lines from famous movies......

- Stupid is as stupid does.
- 2. Love means never having to say sorry.
- 3. That's not a knife.
- 4. Here's looking at you kid.
- Play it again Sam .
- 6. Frankly my dear, I don't give a damn.
- 7. Make my day.

- 8. May the force be with you.
- 9.Do you feel lucky, do you? Punk?
- 10. Elementary my dear Watson.



KOWHAI HOUSEHOLD What a couple of years it has been!

As COVID continues to disrupt our lives it never ceases to amaze me how our staff pull together going the extra mile, working tirelessly to look after our residents. These changes also shows how resilient our residents can be. They are taking it in their stride and excitement is evident in their faces when their family and friends (and dogs) are able to visit.

<u>Eating Well</u> – special occasions and diets (coloured cupcakes, themed food etc.) have been a hit with residents and staff

<u>Moving Well</u> – Staff have been successful in encouraging some residents back on their feet and a few have been lucky enough to go out in wheelchairs to visit the gardens before the cooler weather closed in.

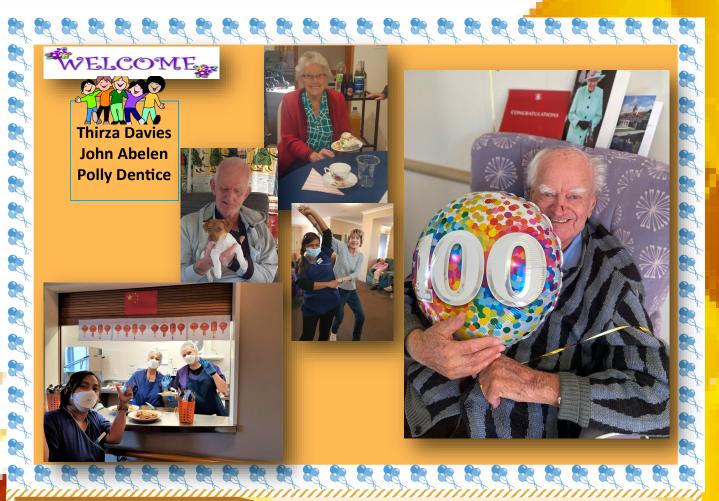
<u>Resting Well</u> – The introduction of new reclining chairs to Ashwood have been a timely addition for comfort and wellbeing during this sometimes unsettling time.

<u>Thinking Well</u> – Staff encourage residents to make their own decisions regarding day to day choices where they can. Quiz show gatherings prior to lockdown have encouraged residents to call out the answers which has proven quite successful.

<u>Engaging Well</u> – When Ashwood is open to visitors it is lovely to see everyone's positive reactions to seeing family and friends even with the restrictions in place.

I am very proud of our staff for their 'smile and carry on' work ethic and we appreciate the compliments and encouragement we receive.

Sue



Harmony household have had a very challenging few months as we headed into lockdown with positive Covid-19 cases. We had a wee barbie in the Harmony courtyard to celebrate the staff for all their hard work during these difficult and uncertain times and appreciated each other for a job well done!

FROMJAT g YOUR HARMONY HOUSEHOLD TEAM





The DTs are very pleased and grateful for all the help we have received from you all and thank you so much for your understanding in these challenging times.

For the last few months our activities have been very limited with regards to gatherings, however we had a lovely Mother's Day celebration in each household with afternoon teas, happy hours and the Oaks had a wonderful cooked breakfast.

Chaplain Murray is able to come and visit residents (under the same COVID protective procedures as our staff) so please let us know if you would like to see him.

Although large mixed events are still on hold at the moment we have our fingers crossed that we can celebrate the Queens birthday all together with her majesty in attendance.

If you have any questions or would like to discuss activities with us, your Dt's are available in all households and we welcome your ideas and assistance.

Keep smiling and being kind to each other.

Levane & your lovely DT Team

Hi from the Oaks Team

It's just about the end of autumn and winter time will be upon us once again. The mornings and nights are getting cooler now and we're having to wear our winter woollies.

The Oak's residents have enjoyed a variety of activities of late:

On Anzac Day approximately 10 residents participated in the remembrance service in the Resthome. Mother's Day was celebrated with a cooked

breakfast and was well received by all.

Today DT Akiko, assisted by David King, planted 2 x

blueberry plants and will be looking forward to some summer crops!

On the 24th of May we had another 'around the world' themed lunch. This time, our residents indulged in some lovely chinese cuisine.

Nau mai haere mai—we welcome to the Oaks—Hazel Windley, Jenny Nicholls and Polly Dentice.

Haere ra—Farewell to Gailie Cooke, may she rest easy in paradise.

From Tracey and the Oaks Team

QUIZ: Famous lines from famous movies......Answers

1 Forrest Gump 2 Love Story 3 Crocodile Dundee 4 Casablanca 5 Casablanca 6 Gone with the wind

7 Dirty Harry 8 Star Wars 9 Dirty Harry 10 The Adventures of Sherlock Holmes

