

JUNE 2023

Highlights



Cooking Lessons in Rest Home

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The King's Coronation Celebrations, a treat for residents.....

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Engaging well at Ashwood

Hi everyone,

Here at Ashwood , our Diversional Therapists work tirelessly to ensure residents and staff engage well through activities, music and conversation. Entertainers and staff are often seen in our household lounges singing and playing music. Balloon games, board games and exercises are popular weekly activities where residents get together, move well and have a good time.

As well as cooked breakfast, residents have enjoyed the choice in making their own 'subway' lunch, and ordering in fish & chips, bakery and Chinese cuisine. There is a lot of additional work involved to organise and deliver these yummy options, but the smiles we receive make it more than worthwhile.



ARVIDA

Ashwood Park

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Moving Well



Kowhai & Harmony Households - going the extra mile....

From cooked breakfast and morning exercises to singalongs and games, there is always something happening for residents and staff in our Kowhai Lounge. Resident attendance numbers for activities are on the rise and everyone is having so much fun. A special shout out goes to our wonderful Diversional Therapists (DTs) for all the tireless efforts they put into preparing everything that is needed for the activities, the kitchen staff who prepare the amazing alternative food that is on offer and our talented Wellness Partners who sing and assist with the many games that have been introduced for moving well.



A touch of Indian Culture.....

All the doom and gloom of a rainy day was brightened by the cooking demonstration talents of Arun and the beautiful clothing and dancing displayed by Jas in the Rest Home dining room. What a treat for everyone to behold. Arun's technique making porotta was inspiring to watch and it was great to see residents and staff agreeing to give it a go. Jas's attire was stunningly adorned with beads and jewels adding to the magic of the dances she performed.

Sue Scott from our Lavender Household delighted us with her technique in the kitchen alongside Arun.



Fire Alarms

We hold regular fire drills at Ashwood Park. but sometimes the alarm is set off by a smoke detector or the breaking of a fire panel.

If the alarms sound:

- Remain calm
 - Stay where you are, do not return to your room
 - Follow the directions of staff
- Activations can have different voiceover messages, if the message advises an immediate evacuation, always follow the direction of Staff, as this may not be required. We have detectors, alarms, fire doors and a sprinkler system. In the event of an actual fire, any full evacuation of the building would be under the direction of the fire department.

